

# L. Carina Fourmyle

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## EDUCATION

- 2024 M.F.A. in Dance, Montclair State University, NJ, expected May 2024
- 2021 B.S. in Liberal Studies, Northern Arizona University, AZ
- 2018 A.A. with Honors, Arts and Humanities, Coastline Community College, CA

## CREATIVE HISTORY

- 2023 Director and Creator: *Juncture*, dance film project, Montclair State University, NJ
- 2023 Creator and Performer: *The Rhythm of Translation*, dance film project, Montclair State University, NJ, w/Fio Arredondo
- 2019 Choreographer and Performer: *Mozart and Me*, Scorpis Art & Culture Inc., Children's Musical Tour, Changsha, Guangzhou, Wuhan, and Hangzhou, China
- 2017 Choreographer and Performer: *Little Mark*, Scorpis Art & Culture Inc., Christmas Production, Zhengzhou, China
- 2017 Choreographer and Performer: *Dolce Vita Immersive*, 798 Art Complex, Beijing, China
- 2017 Choreographer and Performer: *Dolce Vita Immersive*, Ullens Center for Contemporary Art (UCCA), Beijing, China
- 2016 Choreographer and Performer: *Elise: Chinese Opera New Directions*, One Way Space, Beijing, China
- 2015 Associate Choreographer and Assistant Director: *Ah! Kuliang!* Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China, w/Joey McKneely
- 2014 Choreographer and Director's Assistant: *Love U, Teresa*, Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China, w/Joey McKneely
- 2014 Choreographer: *Mama, Love Me Once Again*, Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China
- 2013 Assistant Choreographer: *Mama, Love Me Once Again*, Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China, w/Seon Bristol
- 2012-2013 Instructor and Performer: *Dancing with the Stars Panama*, Season 1 and 2, TVN, Teatro Balboa, Panama City, Panama
- 2010 Performer: *Salsalegre*, Fundraiser, w/Javier Fernandez, Hollywood, CA

- 2010-2011 Assistant Director and Performer: *Rock With You: A Latin Tribute to the King of Pop*, El Portal Theatre, North Hollywood, CA, w/Seaton Bristol
- 2010 Choreographer and Performer: *California Star Ball Latin Ballroom Competition*, Hollywood, CA, w/Donnie Knips
- 2010 Performer: *Argentine Tango Demonstration*, NBC, Irvine, CA, w/Marcelo Rivero
- 2010 Choreographer and Performer: *MOVE*, Golden West College Dance Concert, Huntington Beach, CA
- 2009 Choreographer and Performer: *MJ Flashmob Tribute*, Los Angeles, Hollywood, Long Beach, CA
- 2009 Performer: *Spring Student Dance Showcase*, Orange Coast College, Costa Mesa, CA
- 2008 Instructor and Performer: *Salsa Dance Mexico Cruise*, Carnival Cruise Ship, w/Javier Fernandez, Mexico
- 2007 Performer: *Salsalegre*, Fundraiser, Hollywood, CA, w/David Lopez
- 1999-2007 Professional American Rhythm Competitor in the USA and Latin America

## **TEACHING EXPERIENCE**

### **Higher Education**

- 2022-Present Adjunct Professor of Dance in the Dept of Theatre and Dance, Montclair State University, NJ
- 2022 Guest Lecturer, Social Dance & Cultural Appropriation, Weber State University, Utah
- 2021 Guest Lecturer, Afro-Caribbean Folk and Ethnic Dance, Weber State University, Utah
- 2020 Guest Lecturer, US Latin American Ballroom Dance, Weber State University, Utah
- 2006-2015 Latin American Dance Coach and Choreographer, University of Southern California Dance Team, Los Angeles, CA
- 2010 Guest Instructor, Salsa Dance Workshop, California State University Long Beach

### **Studio and Industry**

- 2023 Ballroom and Latin Dance Staff Training, Let's Dance Studio, Panama City, Panama
- 2019 Lyrical Dance Workshop, Centro de Artes Escenicas CAE, Panama City, Panama
- 2000-2019 Independent Ballroom & Latin Dance Instructor, Avant Garde Ballroom, Newport Beach-Santa Ana, CA
- 2018 Argentine Tango Dance Workshop, Atomic Ballroom, Irvine, CA
- 2018 Latin American Dance Workshop, Let's Dance Studio, Panama City, Panama

- 2018 Lyrical Jazz Dance Workshop, Centro de Artes Escenicas CAE, Panama City, Panama
- 2016 Argentine Tango Dance Workshop, Atomic Ballroom, Irvine, CA
- 2015 Argentine Tango Dance Workshop, Avant Garde Ballroom, Santa Ana, CA
- 2013 Dancing with the Stars Panama Season 2, TVN, Teatro Balboa, Panama City, Panama
- 2013 Ballroom & Latin Dance Workshop, Magnolia Inn, Casco Antiguo, Panama
- 2012 Dancing with the Stars Panama Season 1, TVN, Teatro Balboa, Panama City, Panama
- 2011 Inspire2Move Afro-Cuban Dance and Music Workshop w/Alien Ramirez, Costa Mesa, CA
- 1994-2000 Independent Ballroom & Latin Dance Instructor, Academy of Ballroom Dance, Phoenix, AZ

### **Musical Theatre – Children’s Programs**

- 2023 Director and Choreographer: *Matilda and Our Town*, Youth Summer Theatre Camp Taiyuan, China
- 2019 Director and Choreographer: *The Lion King Adaptation*, Spring Semester Drama Course, Science and Technology Experimental Primary School, Beijing, China
- 2018 Choreographer: *The Five Colored Flower: Original Chinese Musical*, Fall Semester Drama Course, Dongba Experimental Primary School, Beijing, China
- 2017-2019 Director and Choreographer: *A Knight’s Tale and The Music Man*, English Drama Course, Beijing Normal University Experimental Primary School, Beijing, China
- 2016-2019 Director and Choreographer: *A Knight’s Tale, Fiddler on the Roof, and The Music Man*, English Musical Theatre After-School Program, Dongba Experimental Primary School, Beijing, China

### **COURSES TAUGHT**

- Higher Education      Dance Appreciation: Historical and cultural aspects of Dance as a performing art
- Ballroom and Latin American Dance: All levels per the International Standard of Teachers of Dance (ISTD) syllabus
- Social Dance and Cultural Appropriation: Focus on Cuban dance forms
- History and Evolution of Latin Ballroom Dances
- All Levels                 Ballroom Dance: International Standard, Latin American, American Smooth, and American Rhythm
- All Levels                 Social Partner Dance: Argentine Tango, Bachata, Freestyle, Merengue, Salsa (On 1, On 2), Swing (Jitterbug, Lindy Hop, West Coast Swing)

All Levels	Choreography and Composition: Incorporating Ruud Vermeij and Laban movement analysis
All Levels	Musical Theatre Dance, Jazz Dance, Lyrical Dance
All Levels	Performance Dynamics and Movement Analysis
Intermediate	Tap
Children Specific	Creative Movement, Movement for Actors

## **SERVICE**

2019	Volunteer Dance Instructor, Movement Exchange, Panama City, Panama
2018	Volunteer Dance Instructor, Movement Exchange, Panama City, Panama
2015	Volunteer Photographer, Open Floor Society, Los Angeles, CA
2014	Jazz Dance Workshop ages 4-15, Movimiento Nueva Generacion, El Chorrillo, Panama
2011-2013	Dance Instructor, Program Coordinator, and Photographer, Movement Exchange, Panama City, Panama
2011	Stage Manager and Photographer for Movement Exchange, Annual Performance at Teatro Nacional, Casco Antiguo, Panama
2010	Stage Manager and Program Coordinator for Movement Exchange, Annual Performance at Teatro Nacional, Casco Antiguo, Panama
2009	The Gabriella Foundation Fundraiser Organizer, Los Angeles, CA
2004	Oxfam Fundraiser Organizer for Indonesia Tsunami Relief, Avant Garde Ballroom Newport Beach, CA