

L. Carina Fourmyle

DANCE EDUCATOR

OBJECTIVE

As a dance educator, I am dedicated to enhancing students' technical proficiency while fostering a deep appreciation for the performing arts. My approach prioritizes critical thinking, creativity, and community, empowering students to evolve into discerning practitioners and insightful artists.

EDUCATION

2022-2024	Montclair State University MFA Dance
2019-2021	Northern Arizona University BS Liberal Studies
2016-2018	Coastline Community College AA Arts and Humanities (Honors)

TEACHING EXPERIENCE

Higher Education

2022-2024	Montclair State University , Montclair, New Jersey Adjunct Professor , Department of Theatre and Dance
	<ul style="list-style-type: none">• Taught Dance Appreciation, an online undergraduate course averaging 20 students per semester, covering the following topics: World dance forms, History of Western dance styles (ballet, Modern, Jazz, Tap, Musical Theatre, and Social Dance), Culture and Dance.
2020-2022	Weber State University , Ogden, Utah Invited Lecturer , School of Performing Arts
	<ul style="list-style-type: none">• Taught various workshops remotely to dance majors and minors, covering the following topics:<ol style="list-style-type: none">1. U.S. Latin American Ballroom Dance2. Afro-Cuban Folk and Ethnic Dance3. Social Dance and Cultural Appropriation

	2006-2015	<p>University of Southern California, Los Angeles, California Dance Coach and Choreographer, Latin Dance Team</p> <ul style="list-style-type: none"> • Taught Latin American ballroom dance syllabus and choreographed competition routines for the competitive Ballroom and Latin Dance Team. Responsibilities included: <ol style="list-style-type: none"> 1. Teaching all levels of the International Latin American syllabus (bronze, silver, and gold). 2. Teaching technique, musicality, and partnering skills for Cha cha, Samba, Rumba and Jive. 3. Choreographing syllabus routines for beginner, intermediate, and advanced dancers to be used in National collegiate competitions.
Studio and Industry	2023	Ballroom and Latin Dance staff training workshop , "Let's Dance" Ballroom Dance Studio, Panama City, Panama
	2019	Lyrical Dance Workshop , Centro de Artes Escenicas CAE, Panama City, Panama
	2000-2019	Ballroom & Latin Dance Instructor , Avant Garde Ballroom, Newport Beach-Santa Ana, CA, USA
	2018	Argentine Tango Workshop , Atomic Ballroom, Irvine, CA, USA
	2018	Latin American Dance Workshop , "Let's Dance" Ballroom Dance Studio, Panama City, Panama
	2018	Lyrical Jazz Dance Workshop , Centro de Artes Escenicas CAE, Panama City, Panama
	2016	Argentine Tango Workshop , Atomic Ballroom, Irvine, CA, USA
	2015	Argentine Tango Workshop , Avant Garde Ballroom, Santa Ana, CA, USA
	2013	Dancing with the Stars Panama Season 2 , TVN, Teatro Balboa, Panama City, Panama
	2013	Ballroom and Latin American Dance Workshop , Magnolia Inn, Casco Antiguo, Panama
	2012	Dancing with the Stars Panama Season 1 , TVN, Teatro Balboa, Panama City, Panama
	2011	Afro-Cuban Dance and Music Workshop w/Alien Ramirez, "Inspire2move," Costa Mesa, CA
	1994-2000	Ballroom and Latin Dance Instructor , Academy of Ballroom Dance, Phoenix, AZ, USA

Musical Theatre and Immersive Theatre	2023	Director and Choreographer , <i>Matilda and Our Town</i> , Youth Summer Theatre Camp Taiyuan, China
	2019	Choreographer and Performer , <i>Mozart and Me</i> , Scorpis Art & Culture Inc., Children's Musical Tour, Changsha, Guangzhou, Wuhan, and Hangzhou, China
	2019	Director and Choreographer , <i>The Lion King Adaptation</i> , Spring Semester Drama Course, Science and Technology Experimental Primary School, Beijing, China
	2018	Choreographer , <i>The Five Colored Flower: Original Chinese Musical</i> , Fall Semester Drama Course, Dongba Experimental Primary School, Beijing, China
	2017-2019	Director and Choreographer , <i>A Knight's Tale and The Music Man</i> , English Drama Course, Beijing Normal University Experimental Primary School, Beijing, China
	2017	Choreographer and Performer , <i>Little Mark</i> , Scorpis Art & Culture Inc., Christmas Production, Zhengzhou, China
	2017	Choreographer and Performer , <i>Dolce Vita Immersive</i> , 798 Art Complex, Beijing, China
	2017	Choreographer and Performer , <i>Dolce Vita Immersive</i> , Ullens Center for Contemporary Art (UCCA), Beijing, China
	2016-2019	Director and Choreographer , <i>A Knight's Tale, Fiddler on the Roof, and The Music Man</i> , English Musical Theatre After-School Program, Dongba Experimental Primary School, Beijing, China
	2016	Choreographer and Performer , <i>Elise: Chinese Opera New Directions</i> , One Way Space, Beijing, China
	2015	Assistant Director and Associate Choreographer , <i>Ah! Kuliang!</i> Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China, w/Joey McKneely
	2014	Choreographer and Director's Assistant , <i>Love U, Teresa</i> , Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China, w/Joey McKneely
	2014	Choreographer , <i>Mama, Love Me Once Again</i> , Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China
	2013	Assistant Choreographer , <i>Mama, Love Me Once Again</i> , Professional Musical Theatre Production, Songlei Art Troupe, Beijing, China, w/Seon Bristol
2010-2011	Assistant Director and Performer , <i>Rock With You: A Latin Tribute to the King of Pop</i> , El Portal Theatre, North Hollywood, CA, w/Seon Bristol	
2009	Choreographer and Performer , <i>MJ Flashmob Tribute</i> , Los Angeles, Hollywood, and Long Beach, CA	

OTHER CREATIVE ACTIVITY and RESEARCH

2024	Screendance, Threads: Director and Creator, a thesis dance film, Montclair State University, NJ
2024	Thesis Paper, Threads: Conducted interdisciplinary research of the intersection of improvisational dance, poetry, and film, with a focus on storytelling, Montclair State University, NJ
2023	Screendance, Juncture: Director and Creator, a dance film project, Montclair State University, NJ
2023	Research and Screendance, The Rhythm of Translation: Creator and Performer, dance film project, Montclair State University, NJ, w/Fio Arredondo
2023	Research Paper: <i>The Road to American Rumba: A Historical and Cultural Analysis of an American Ballroom Dance.</i> Montclair State University, NJ.
2021	Research Paper: <i>Hollywood's Racial Stereotypes of Native Americans and African Americans Exposed Through Documentary Films.</i> Northern Arizona University, AZ.
2021	Research Paper: <i>A Discovery of Self Through Dance: Examining the Use of Dance for Improving Self-Confidence in Underserved Adolescent Girls.</i> Northern Arizona University, AZ.

SERVICE

2018-2019	Volunteer Dance Instructor, Movement Exchange, Panama City, Panama
2015	Volunteer Photographer, Open Floor Society, Los Angeles, CA
2014	Volunteer Dance Instructor, Jazz Dance Workshop ages 4-15, Movimiento Nueva Generacion, El Chorrillo, Panama
2011-2013	Dance Instructor, Program Coordinator, and Photographer, Movement Exchange, Panama City, Panama
2011	Volunteer Stage Manager and Photographer for Movement Exchange, Annual Performance at Teatro Nacional, Casco Antiguo, Panama
2010	Volunteer Stage Manager and Program Coordinator for Movement Exchange, Annual Performance at Teatro Nacional, Casco Antiguo, Panama
2009	The Gabriella Foundation Fundraiser Organizer, Los Angeles, CA
2004	Oxfam Fundraiser Organizer for Indonesia Tsunami Relief, Avant Garde Ballroom, Newport Beach, CA

EVIDENCE OF CREATIVE ACTIVITY

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- 2024 <https://youtu.be/5P8syzgqAc?si=1de6joqxl7RRxIS7>
Threads. This is my final MFA thesis project, a dance film that merges the artistic languages of improvisational dance and poetry to tell a cross-cultural tale of love and longing.
- 2023 <https://youtu.be/gqtaNiBIWCM>
Juncture – A Dance Film. This exploratory film incorporates dance and technology, examining the familiarity of our daily routines with a touch of the fantastical.
- 2023 <https://youtu.be/WqzceTp3n70>
The Rhythm of Translation. This is a dance film exploring dance and music as forms of language. An artistic collaboration between a dancer and musician, the film plays with individual interpretations of art while immersed in nature.
- 2023 <https://youtu.be/i5p5Z1a-5-8>
Basic dance reel. This clip is a short showing of what my recent career has focused on: partner dance performance and choreography, professional musical theatre choreography, and children's classes in jazz, lyrical, and theatre, including full musical productions.
- 2018 <https://youtu.be/4lYRXpiZa30>
This is from a 1-week lyrical intensive I taught and choreographed for a young group of urban street dancers in Panama. The range of ages and skill levels was quite varied in this group. This practice video was taken during the middle of the week intensive.
- 2016 <https://youtu.be/quvIqP7Ifuc>
Secret of the Five Colored Flower. Children's Musical Production in Beijing, China. This clip is a rehearsal video for one dance piece of a children's musical. These children were learning Western musical theatre dance for the first time.
- 2015 <https://youtu.be/zcWXuOXfEaQ>
Ah! Kuliang! Professional Musical Production in Beijing, China. This video shows rehearsal footage before the premier of a musical theatre production. I was the assistant director and one of three primary choreographers. Choreographers: Joey McKneely, L. Carina Fourmyle, Yin Mei.
- 2014 https://youtu.be/-5l_7KuXZu0
Love You, Teresa! Professional Musical Production in Beijing, China. This clip shows a concert scene from a musical production. Choreographers: L. Carina Fourmyle, Joey McKneely.